

Sesame-Soy Vinaigrette

Ingredients for Life

This is a great dressing for salad, noodle bowls, poke bowls, or as a marinade for tofu, chicken, pork, or beef. Use a resealable jar for easy prep and clean-up. Adjust the chili sauce, such as Sambal or Sriracha, depending on your spice preference.

Serves 4

Serving size: 2 Tablespoons

Prep time: 5 minutes

Cook time: 0 minutes

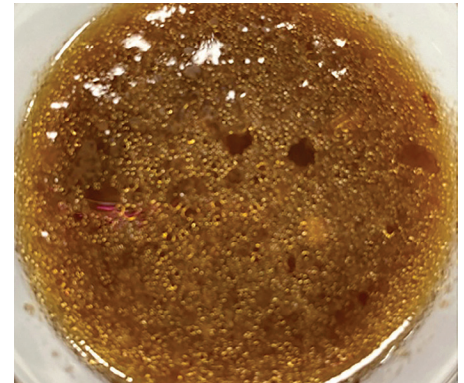
Total time: 5 minutes

Ingredients

- 1/4 cup fresh squeezed lime juice
- 2 Tablespoons olive oil or canola oil
- 2 Tablespoons low-sodium soy sauce
- 1 teaspoon chili sauce (such as Sambal or Sriracha)
- 2 teaspoons toasted sesame oil

Directions

1. Mix ingredients together in a glass jar with a screw top. Tighten the lid well and shake.



Nutrition Facts

Serves 4

Serving size 2 Tablespoons (34g)

Amount per serving

Calories 89

% Daily Value*

Total Fat 9g	14%
Saturated Fat 1g	6%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 302mg	13%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	1%
Total Sugars 1g	
Protein 1g	1%
Vitamin D 0mcg	0%
Calcium 4mg	0%
Iron 0.5mg	1%
Potassium 37mg	1%
Phosphorus 12mg	1%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.