

# Game Plan: Meals to Make

## Ingredients for Life

Based on what items you already have on hand, what meals do you want to make? You may find it helpful to have a theme for the meals you want to make—for example, all Bowl Meals or One-Pan Meals.

### Meal to Make #1

Ingredients I have on hand

Ingredients I need

### Meal to Make #2

Ingredients I have on hand

Ingredients I need

### Meal to Make #3

Ingredients I have on hand

Ingredients I need

### Meal to Make #4

Ingredients I have on hand

Ingredients I need